Across

- Every day you should brush with _2_ and then _4_ your teeth.
- Toothpaste has _5_ in it to make your teeth strong.
- The “skin” around your teeth is called _6_.
- You should brush with a _9_ at least _11_ a day.
- Rinsing with _13_ after meals helps prevent cavities.
- A _14_ can put a _16_ on your teeth to prevent cavities.
- Sugarless gum has _18_ in it, to stop bacteria from causing cavities.
- Rinsing with _20_ that has fluoride in it is another way to have _22_ _23_.

Down

- When plaque stays in your mouth for a long time, it turns into _1_.
- A drink that is filled with sugar as well as acid is _3_.
- The bacteria in your mouth love to eat _7_ foods.
- When _8_ stays on your teeth for a long time it can cause _9_.
- The germs in your mouth that cause cavities, plaque and calculus are _10_.
  - When _15_ stays in your mouth for a long time, it turns into _12_.
  - The rotten holes in your teeth called _17_ are caused by bacteria that love to eat _21_.
  - If you don’t keep your teeth clean, then they can become _19_, and fall out.